



7.1.1 Measures initiated by the Institution for the promotion of gender equity during the last five years.

Additional Information – Geotagged Photographs and Reports

Geotagged Photographs



Girls Common Room



Boys' Common Room



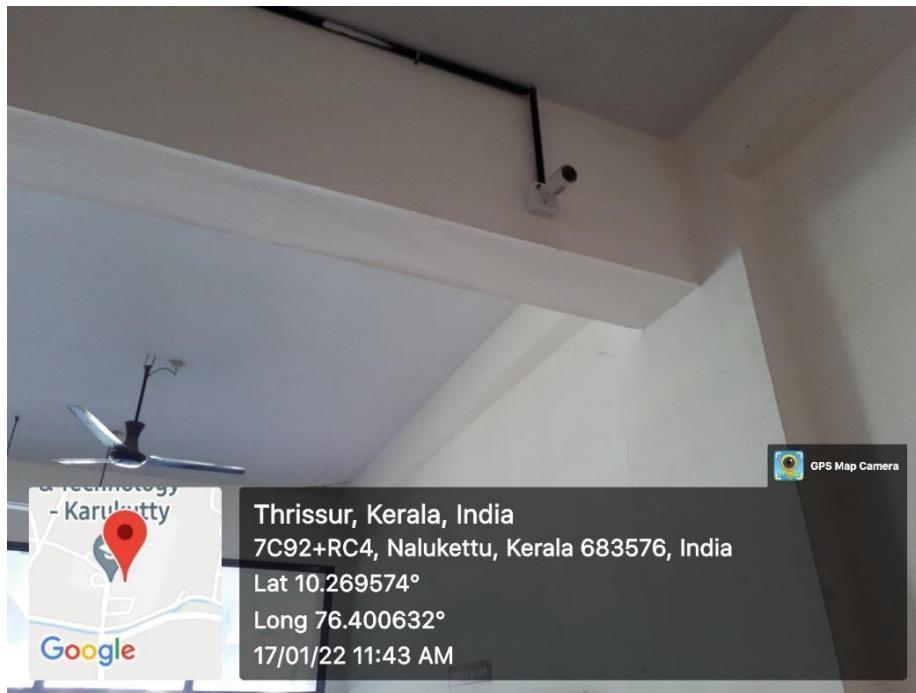
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Infirmary Room



Well lit Corridors with CCTV Cameras



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Counselling Centre – Administrative Block



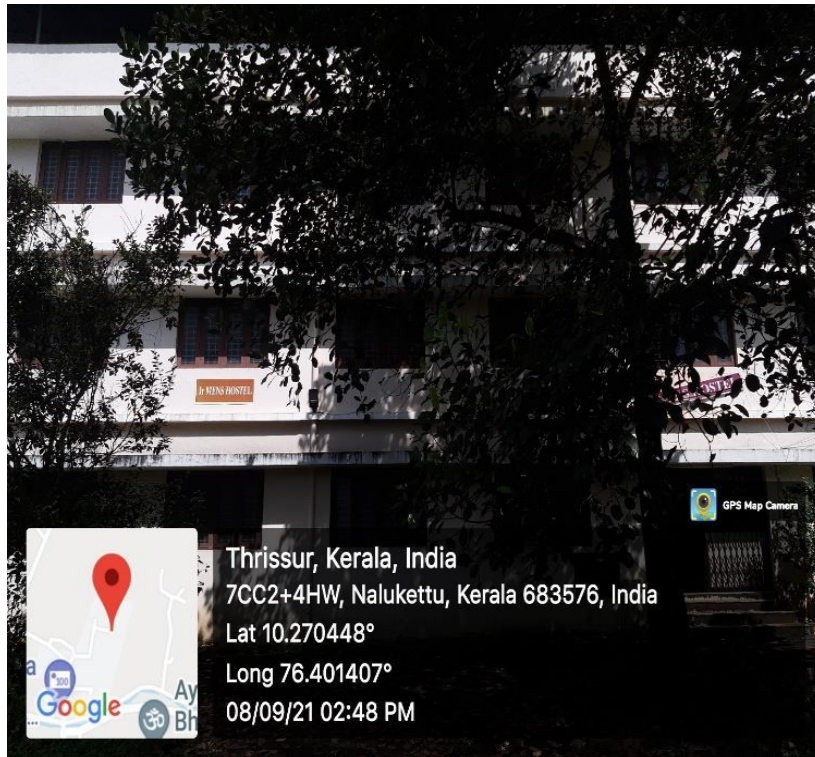
Ladies Hostel within the Campus Gates



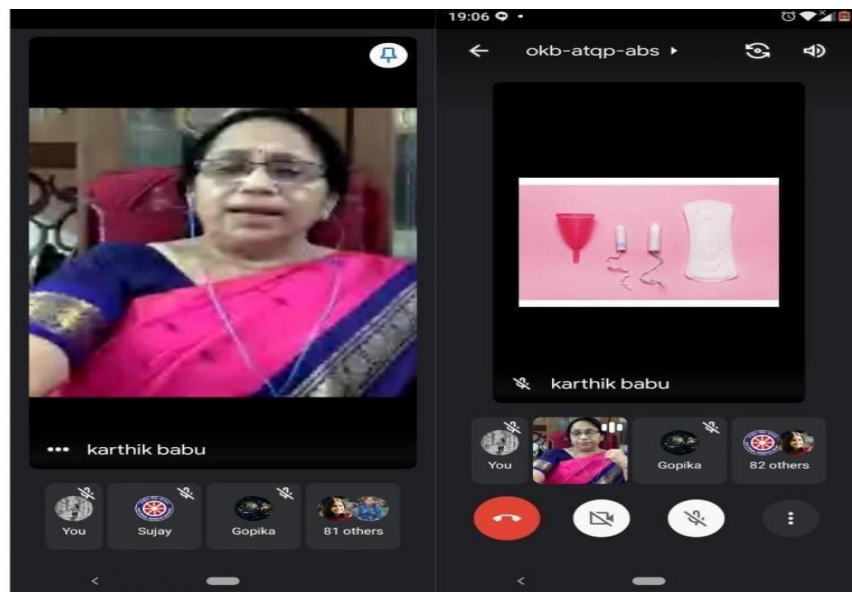
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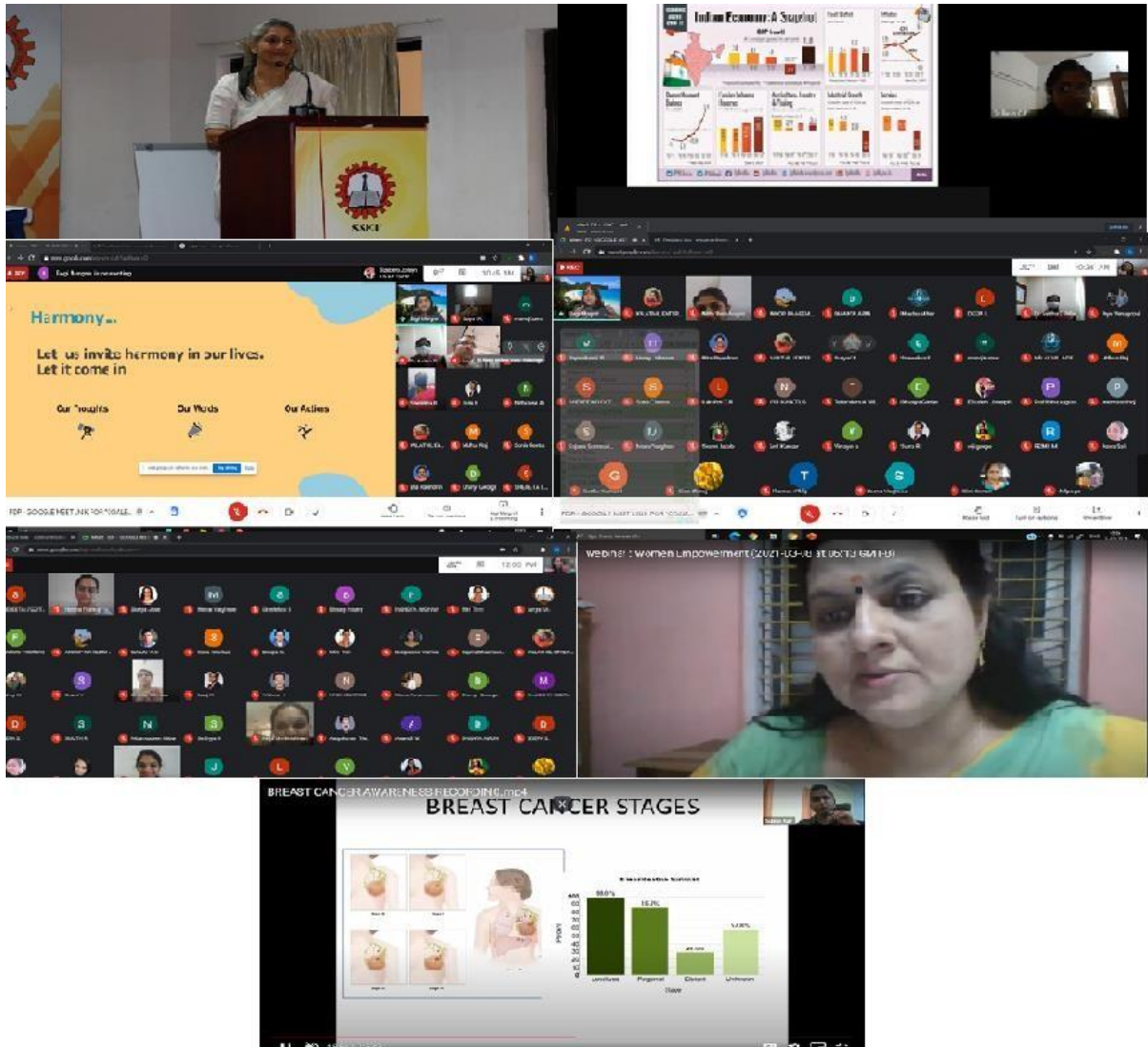
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Junior Men's' Hostel within the Campus Gates



**Awareness session on Menstrual Hygiene, November 14th
2020**



Seminars/ Webinars on Gender Equity



Sexual Harassment Awareness and Safeguards, September 4th 2020



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Health and Hygiene, October 5th 2020



E-literacy programs for housewives, November 4th 2019



AIDS Awareness, November 7th 2019



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NSS Camp December 26th 2021 to January 1st 2022



III Effects of Narcotics, November 8th 2018



Orientation to group dynamics, September 15, 2018



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Eye Donation awareness and Campaign, February 18th 2018

ADDITIONAL INFORMATION –REPORTS

GENDER EQUITY PROGRAMS 2018 2019

DATE: 15/09/18

SCMS SCHOOL OF ENGINEERING AND TECHNOLOGY NATIONAL SERVICE SCHEME UNIT NO: 182 & 584			
TITLE OF ACTIVITY :	ORIENTATION THROUGH GROUP DYNAMICS		
NUMBER OF STUDENTS:	30	NUMBER OF FACULTY MEMBERS	2
ORGANIZED BY:	NSS UNIT SSET	COLLABORATING AGENCY :	
VOLUNTEERS INCHARGE:	ANEES FAHIM, ATHULYA S THOMAS, RAGIN KRISHNA, RITHWIKV		



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ORIENTATION THROUGH GROUPOYNAMICS

On September 15 2018, SCMS School of Engineering and Technology conducted an orientation for S5 students. Around 30 students were present to attend the orientation. Various topics were discussed like the philosophy of NSS, duties of an NSS volunteer, importance of personality development through community service etc. During this valuable session, volunteers were given the basic rules and regulations of NSS. The orientation started at 1:30 and ended at 3:30pm.



Event: Orientation through group dynamics

Date: 15/09/18

Venue: SSET

STUDENTS PARTICIPATED:

1. C S KRISHNADAS	2. RAGIN KRISHNA
3. KAILASNATH	4. ASWANTH R
5. RITHWIK V MENON	6. ALKESH KRISHNA T B
7. JISHNU MURALI	8. ANSTON SEJO
9. KIRAN JOHN	10. JAYKRISHNAN R
11. ANZU MERIN	12. TONY SABU
13. AHALYA BAIJU P	14. ATHULYA K
15. AGATHA AJI	16. KRISHNAPRIYA
17. APARNA P A	18. MILNA JAMES
19. ANUPAT SEBASTIAN	20. DHEESHNA M.D
21. FATHIMATHUL KIBTHIYA	22. AMAL PRASANNAN
23. AMAL HARIDAS	24. JOEMON
25. ARCHANA VIJAYAN	26. SUPRIYA BABU
27. ASIF P.S	28. SARANYA M.N
29. ASWIN B	30. ANANDAKRISHNAN N

DATE:09/07/2018



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SCMS SCHOOL OF ENGINEERING AND TECHNOLOGY NATIONAL SERVICE SCHEME UNIT NO: 182 & 584			
TITLE OF ACTIVITY :	WOMEN'S DAY CELEBRATION		
NUMBER OF STUDENTS:	26	NUMBER OF FACULTY MEMBERS:	2
ORGANIZED BY:	NSS UNIT SSET	COLLABORATING AGENCY :	NIL
VOLUNTEERS INCHARGE:	KAVYA SANTHOOSH		

WOMEN'S DAY CELEBRATION

Women's day was celebrated on 9th July 2018 in the college premises with interesting activities and games. NSS volunteers of SSET organized this event for acknowledging the importance of empowered women for developing society and motivating them to come forward and "speak about the unspoken" which was the aim of the women's cell. Around 26 volunteers were there. The event was started at 12.00pm and ended by 3.00pm.



Event: Women's Day Celebration Date: 09/07/2018 Venue: SSET

STUDENTS PARTICIPATED:

1.ARJUN PRAKASH	2.VISHNU G P
3.KS SOORAJ	4.ANAND U
5.ABHINAV A R	6.ARJUN B V
7.HARIGOVIND	8.DENIL PAULSON
9.ALAN E J	10.SREEJITH R PILLAI
11.LUKE DENNIS	12.KRISHNANUNNI MENON
13.NITHIN K	14.ASWIWCHAND
15.ARJUN MP	16.JAYKRISHNAN
17.ANAND KRISHNA	18.HARESH P S
19.SAJITH P	20.NANDAGOPAL M NAIR
21.SURYA JOSEPH	22.KAVYA SANTHOSH
23.ARSHITHA S	24.AMAL BENNY
25.HASHIM HAMSA	26.SONU JACOB



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DATE:18/07/2018

SCMS SCHOOL OF ENGINEERING AND TECHNOLOGY NATIONAL SERVICE SCHEME UNIT NO: 182 & 584			
TITLE OF ACTIVITY :	EYE DONATION AWARENESS		
NUMBER OF STUDENTS:	25	NUMBER OF FACULTY MEMBERS:	2
ORGANIZED BY:	NSS UNIT SSET	COLLABORATING AGENCY :	NIL
VOLUNTEERS INCHARGE:	JISHNU MURALI		

EYE DONATION AWARENESS CLASS

An orientation about eye donation and its importance was taken for volunteers. It was a great session that passed the message which helped in understanding coexistence and harmony. Volunteers had good feedback about the session. A vote of thanks was presented by volunteer secretary at the end of the session.



Event: Eye Donation Awareness Class Date:18/07/2018 Venue: SSET

STUDENTS PARTICIPATED:

1.ADHIL MUMD RAFI	2.ARJUN PRAKASH T P
3.GOKUL R K	4.VISHNU G P
4.KS SOORAJ	5.ANAND U
5.ABHINAV A R	6.ALAN E J
7.NITHIN RAVEENDRAN	8.KRISHNANUNNI MENON
9.ARAVIND SABU NAIR	10.EMMANUAL JOY
11.ASWINCHAND	12.ADARSH SASI T K



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13.ARJUN M P	14.ANAND KRISHNA
15.SHREERAM R	16.SAJITH P
17.NANDAGOPAL M NAIR	18.NIKHIL GEORGE M M
19.CHRISTINA MP	20.ASHIK KA
21.KAVYA SANTHOSH	22.SERIN MN
23.SHESNA NISHAD	24.ATHIRA PILLAI
25.JITHIN JOSEPH	

GENDER EQUITY PROGRAMS 2019-2020

DATE: 18/02/19

SCMS SCHOOL OF ENGINEERING AND TECHNOLOGY NATIONAL SERVICE SCHEME UNIT NO: 182 & 584			
TITLE OF ACTIVITY:	CANCER DAY		
NUMBER OF STUDENTS:	20	NUMBER OF FACULTY MEMBERS	2
ORGANISED BY:	NSS UNIT SSET	COLLABORATING AGENCY :	
VOLUNTEERS INCHARGE:	SHILPA P T,ASHWIN B		

CANCERDAY AWARENESS

SCMS School of Engineering and Technology conducted a cancer awareness class for S5 students on 18 February 2019. Around 18 students were present to attend the class. More than 3 S7 senior NSS volunteers were also there. At last, in the feedback session students gave positive feedback about the class. The class ended with a vote of thanks.





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E-Mail: sset@scmsgroup.org Website: www.scmsgroup.org/sset

Event: Cancer Day Awareness
Date: 18/02/19
Venue: SSET

STUDENTS PARTICIPATED:

1. ANSTON SEJO	2. KIRAN JOHN
3. ASHWIN B	4. ADARSH P
5. JAYAKRISHNAN R	6. C S KRISHNADAS
7. ALKESH KRISHNA T B	8. RAGIN KRISHNA
9. KAILASNATH	10. PRANAV P
11. ASWANTH R	12. RITHWIK V
13. AMAL HARIDAS	14. BASIL JOHN
15. ANUPAMA JYOTHIS	16. MEGHA JAYAPRAKASH
17. ALEN T BABURAJ	18. ARDRA NAIR
19. SHILPA PT	20. SHOJO JOHNSON

DATE: 07/09/19

SCMS SCHOOL OF ENGINEERING AND TECHNOLOGY NATIONAL SERVICE SCHEME UNIT NO: 182 & 584			
TITLE OF ACTIVITY :	AIDS AWARENESS CLASS		
NUMBER OF STUDENTS:	51	NUMBER OF FACULTY MEMBERS	4
ORGANISED BY:	NSS UNIT SSET	COLLABORATING AGENCY :	
VOLUNTEERS INCHARGE:	ANEES FAHIM, KIRAN JOHN		

AIDS AWARENESS CLASS

On 7th September 2019 an aids awareness class was conducted. The class started by 10:30 am and around 51 NSS volunteers attended this class which was conducted at the seminar hall in the administrative block, in the presence of NSS Programme Officer Sujay.K sir . An awareness about AIDS was perfectly given and the students understood the topic. The session's feedback was positive and the session ended with a vote of thanks.





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Event: AIDS Awareness class

Date: 07/09/19

Venue: SSET

STUDENTS PARTICIPATED:

1. ANEES FAHIM	2. KIRAN JOHN
3. ASWIN B	4. ADARSH P
5. RANJITH P R	6. KRISHJITH R
7. JAYAKRISHNAN R	8. ABHIJITH T S
9. ADARSH NAMBIAR	10. ANAKH VALSAN
11. ATHUL S	12. BHARATH MUKESH
13. BIBIN A M	14. FEBIN A P
15. FEBIN SAJU	16. GAUTHAM MANESH
17. GLEN ROBERT	18. JIBIN JOY
19. JISHNU CHANDRAN	20. JOYAL JOHNSON
21. SARATH CHANDRAN	22. SREEHARIE
23. CS KRISHNADAS	24. ALKESH KRISHNA T B
25. RAGIN KRISHNA	26. SREEHARI S
27. KAILASNATH	28. PRANAV P
29. ASWANTH R	30. JISHNU MURALI
31. RITHWIK V	32. ABDUL BASITH
33. ABHIRAM K T	34. ABIN K V
35. ADARSH CHANDRAN	36. AJAIKAPAT U
37. ALBIN TOMY	38. ALFIN MARTIN
39. ALINS BENNY	40. AMAL JAMES
41. ANANDHU AJAY	42. ARJUN MOHAN
43. ATHUL P PRAKASAN	44. BHARATH J MENON
45. CHRISTOPHER XAVIER	46. ESTHER ALEXANDER
47. GOKUL C S	48. JOSEPH JOHN
49. NEIL JOY	50. P N MAHESH
51. RAGHURAM V	



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SSET



SCMS SCHOOL OF ENGINEERING & TECHNOLOGY

VIDYA NAGAR, KARUKUTTY, ERNAKULAM - 683 582

INVITED TALK
JOURNEY OF A WOMAN
ENTREPRENEUR

CELEBRATING
INTERNATIONAL
WOMEN'S DAY

By

Ms. Latha Parameswaran

(Director, Kottaram Group)

9th MARCH 2020 | 11:00 AM



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SCMS School of Engineering and Technology Women's Forum

of SSET

Report On Journey of a Woman Entrepreneur

Date: 09th March, 2020

International Womens Day was celebrated at SSET on 09/03/2020 with a talk by Ms. Latha Parameswaran, Director, Kottaram Group on the topic 'Journey of a Woman Entrepreneur'. Ms. Latha spoke on the importance of men providing the necessary opportunities for women to excel in their workplace and urged all the students and faculty to update themselves constantly. She also stressed on the need to face all challenges with courage while ensuring that ethical and moral values were not compromised. During the talk, Ms. Latha elaborated on the difficulties faced during the initial years of establishing the family business and how she and her husband achieved each milestone. It was a very engaging session that left the audience both elated and inspired.





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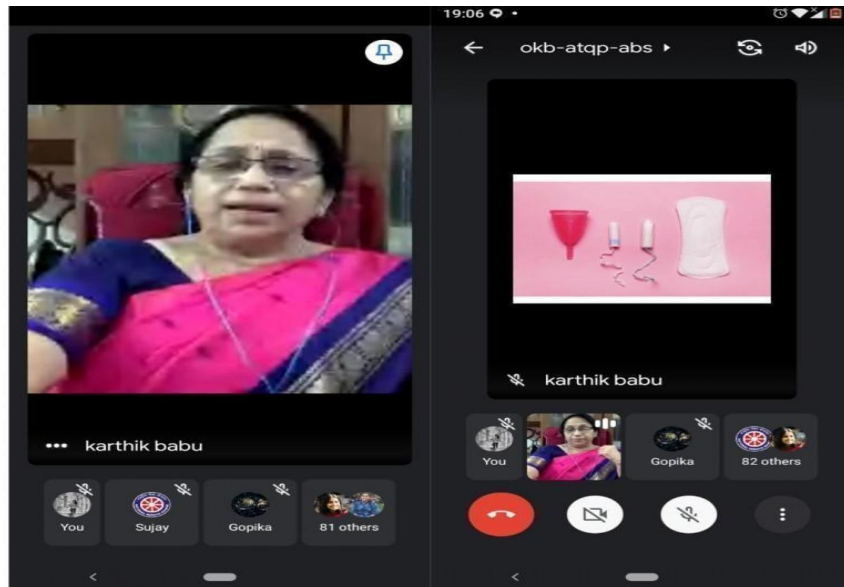
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GENDER EQUITY PROGRAMS 2020-2021

DATE: 12/11/2020

SCMS SCHOOL OF ENGINEERING AND TECHNOLOGY NATIONAL SERVICE SCHEME UNIT NO: 182 & 584			
TITLE OF ACTIVITY:	ORIENTATION ON MENSTRUAL HEALTH AND HYGIENE		
NUMBER OF STUDENTS:	149	NUMBER OF FACULTY MEMBERS :	3
ORGANIZED BY:	NSS UNIT SSET	COLLABORATING AGENCY :	NONE
VOLUNTEERS INCHARGE:	NIVYA ANTONY, ANUPAMA JYOTHIS		

Marking the beginning of our women cell, NSS volunteers of SSET organized an unawareness class on the topic “menstrual health and hygiene”. It was a very enlightening session conducted by Dr. Sheela C Babu, senior consultant - obstetrics and gynecology, Ernakulam medical center. The main aim of the session was to eradicate all the taboos regarding menstruation and motivate women to openly speak about it without any concerns. It was an open platform to discuss various physical and mental problems that women are facing during their menstruation period, it also had a Q&A session where the students asked their queries to the speaker. It was an interactive as well as an informative session where all the volunteers including boys attended the meet and made it a huge success.



Event : ORIENTATION ON MENSTRUAL HEALTH AND
HYGIENE

Date : 12/11/2020

Venue : Google Meet (Online)



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PARTICIPANT LIST					
1	Abdul Rahman S	34	Athul s	66	Abhirami A
2	Abhishek C D	35	Bibin AM	67	Afthab k noufal
3	Abhishek K	36	Dhilna K M	68	Akhil P Saji
4	Ajay Sadhasivan K	37	Febin A P	69	Akhila Sureshbabu
5	Akshara A S	38	Febin Shaju	70	Akhildas.H
G	Allen Shaju	39	Jibin joy	71	Akshat Anish
7	Amala Sanny	40	Jishnu chandran k	72	Akshay c s
8	Annmary Jacob	41	Meghana Ravikumar	73	Akshay.A
9	Bharath V Kumar	42	Vyshnav K	74	Anirudh J
10	Arjun Anil Kumar	43	Parvathy K M	75	Anoop Francis
11	Arun m s	44	Raesa Ummer	76	Aqil Anwar
12	Arya Anil Kumar	45	Shilpa Pusham N J	77	Aravind A
13	Aswin Harishkumar	46	Gokul C S	78	Aswin Sanil Bhaskar
14	Aswin Jagadeesan	47	Thomas Shaji	79	Aswin Suresh P
15	Aswin N	48	Vighnesh S	80	Athul Sathyan
16	Athul V Nair	49	Vishnu M	81	Avinash t g
17	Bharath V Kumar	50	Vyshnav K	82	Ben Reji
19	Chandini P S	51	Achint Prabina Prakash	83	Bhavya P S
20	Chris	52	Neeraja Babu	84	Bishitha k p
21	Delvin M Shinoy	53	Ainel Mary	85	Drishya OH
22	Emil Jaison Thomas	54	Ajaikaput U	86	Gautham Krishna S
23	Faizal Taj	55	Albin A	87	Gesmi P Rajan
24	Muhammed Noufal K N	56	Alins Benny	88	Gokulakrishnan V G
25	Navya George	57	Muthu B Shanavas	89	Gopika Asok
26	Jeswin P T	58	Anupama Jyothis	90	Hance Steve
27	Jahana Jabbar	59	Arjun Mohan	91	Harikrishnan S
28	Jeslin Maria Jacob	60	Arjunan V M	92	Hizana K M
29	Jithin Raj K	61	Aryan C R	93	Jain George
30	Joel T	62	Athul p prakasan	94	Kalidas M
31	Joshna George	63	Azaf Hussain	95	Kiran Antony
32	Krishnapriya k	64	Christopher Xavier Thattil	96	Mahesh S
33	Minnu Ajith	65	Esther Alexander	97	Merlin Joseph



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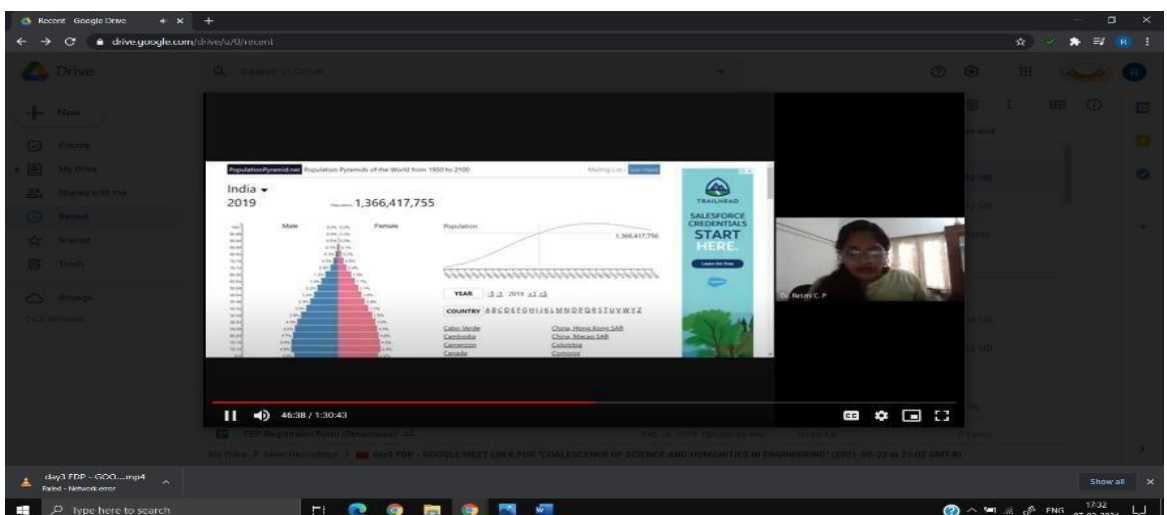
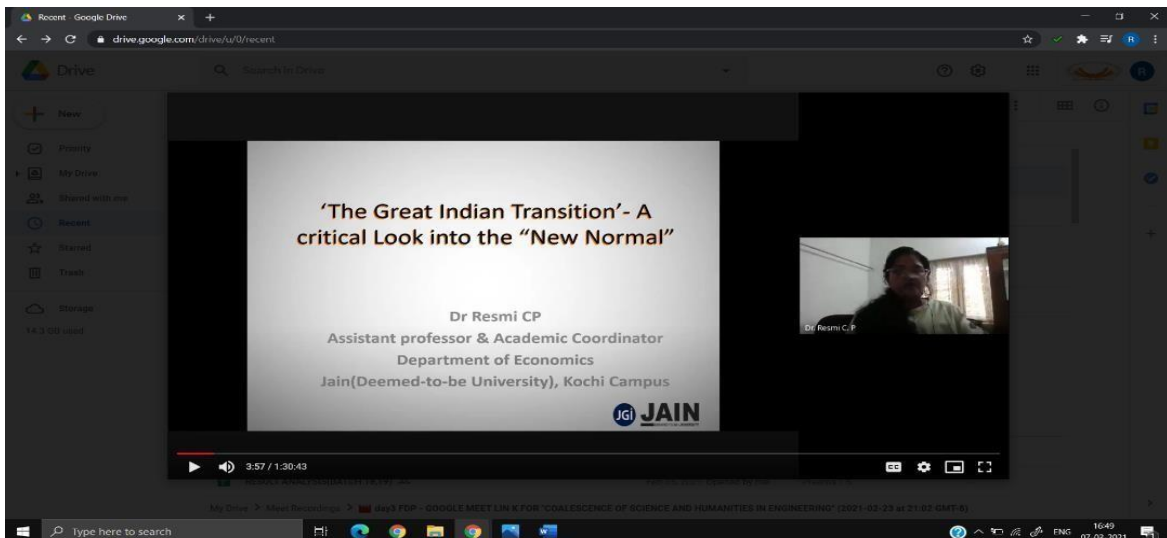
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SCMS School of Engineering and Technology

REPORT: WEBINAR ON “THE GREAT INDIAN TRANSITION A CRITICAL LOOK INTO THE NEW NORMAL”

The Department of Basic Science and Humanities, SSET organized an online webinar on ‘The great Indian Transition – A critical look into the new normal’ The online session was conducted on February 24th, 2021 at 10:30 Am through Google Platform. The participants were faculty members of Engineering Colleges and Art’s Colleges. The resource person was Dr. Resmi C P, Assistant Professor and Academic Coordinator, Jain (Deemed to be University), Kochi Campus.





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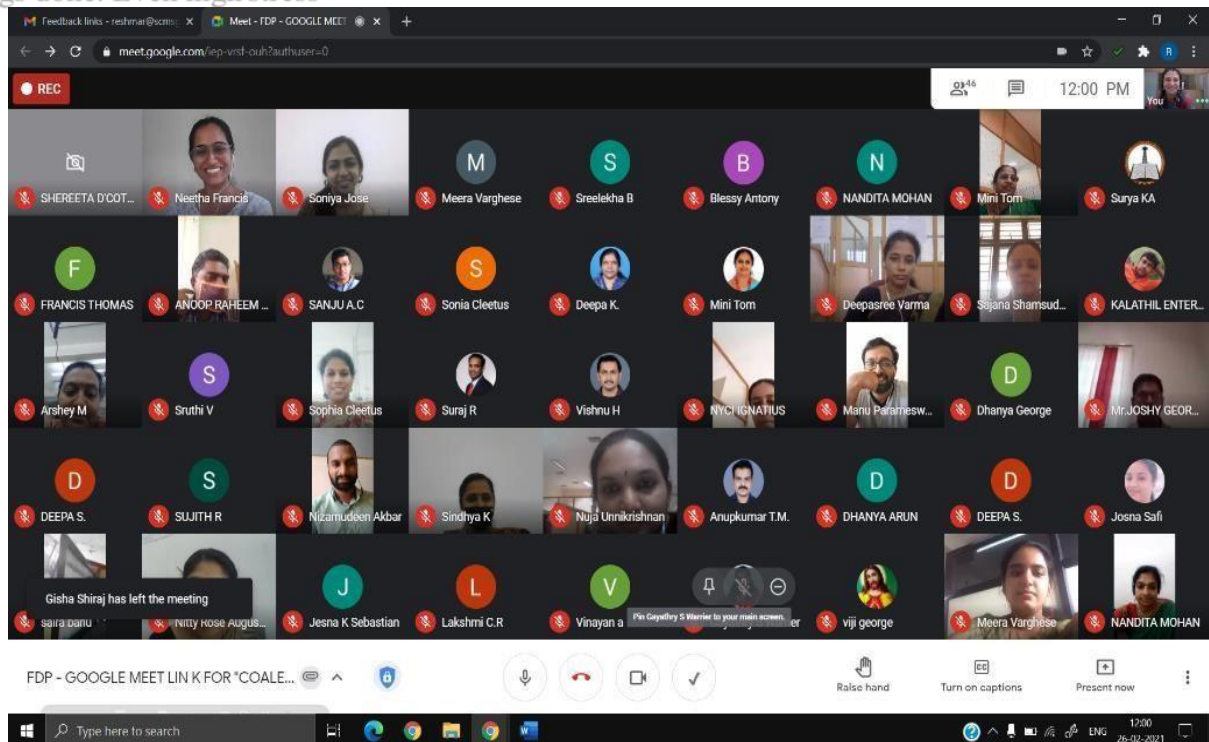
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SCMS School of Engineering and Technology

REPORT : WEBINAR ON “STRESS MANAGEMENT”

The Department of Basic Science and Humanities, SSET organized an online webinar on ‘Increase in Happiness Quotient’ The online session was conducted on February 26th, 2021 at 11:00 Am through Google Platform. The participants were faculty members of Engineering Colleges and Art’s Colleges. The resource person was Ms. Neethu Francis, Counselling Psychologist Dubai, UAE was an Alumni of SSET.

The resource person started the session stating that Stress is part of being human, and it can help motivate you to get things done. Even high stress



The resource person started the session stating that Stress is part of being human, and it can help motivate you to get things done. Even high stress from serious illness, job loss, a death in the family, or a painful life event can be a natural part of life. You may feel down or anxious, and that’s normal too for a while. Unsolved problems in our life leads to a stress situation in our life. Our daily life activities makes us leads us to a stressed situation in some or the other life.

The life of son is full of thoughts and one has to channelize the mind in the proper way to train the situation of dealing with the stressed situation. The resource person envisaged on the idea of crossing the bridge many times successfully when one is fully confident in one self to deal with the situation of stress and strain. The life of the person has to tackle the stress and manage our dear students to cope up with the stressed situation and teachers and parents should go down to the level of the students and children to understand their difficulties. Students and children learn from their parents and teachers and they should be role models in setting the targets to cope with situation. Teachers and parents should never try to force them of doing don’ts. The students would point from the teachers. Ms. Shereeta D’ Cotha, Associate Professor, Albertian Institute of Science and Technology shared the feedback of the session. Ms. Reshma R. Asst Professor proposed the Vote of thanks for the session.



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SCMS School of Engineering & Technology

Vidya Nagar, Palissery, Karukutty, Ernakulam - 683576, Kerala

Organised by Women's Forum of SSET

**LIVE
TALK**

On Growing Up Gracefully



Ms. Sudha Ajay

*Associate Vice President, Augmedix,
California based start up for wearable
health care device*

DECEMBER

11

FRIDAY

6 -7 PM

Join With : <http://meet.google.com/cuy-jhfk-mjg> or scan:



Faculty Co-ordinator: Ms. Arshey M





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SCMS School of Engineering and Technology Women's Forum

of SSET

REPORT ON WEBINAR ON GROWING UP GRACEFULLY

Date: 11th December, 2020

A webinar on the topic “Growing up Gracefully” was organized for the girl students and lady faculty of the college by the women's forum of SSET. The online session was conducted on 11th December, 2020 through google meet and witnessed a participation of around 60 attendees. The program was hosted by Ms. Arshey M, Assistant Professor, Department of Computer Science, SSET.

Ms. Praveena Kamath, Assistant Professor, Department of EC, SSET introduced the resource person, Ms. Sudha Ajay to the audience. Ms. Sudha Ajay, an alumna of IITM- Kozhikode is currently working as the associate vice-president of Augmedix, a California based start-up. Over the last 15 years, she has been actively involved in many types of social work apart from discussing and talking to young men and women at various platforms about different topics that subtly play a huge role in life. These experiences brought her closer to interacting with youth and the ability to connect with youth at a much deeper level.

Ms. Sudha Ajay began her talk by detailing the importance of living without prejudices that prevents us to be our real self. She presented a new way of thinking that would help us to be our true self. Deviating from the conventional mode of womanhood and living as a real human being would be the first step of growing up gracefully. Most of the Indian woman lives in the shackles created by society. There are several people who restrict woman by advising about the patriarchal notions that are prevailing in our society for long. As we are going into our real-life circumstances, every woman would have to go through nuances in experience and that would allow us to go through inward and outward conditioning. The limiting thoughts creates boundaries and fences throughout most woman's life. The fear of rejection prevents us from being the true self. Sudha Nair gave an example of a blooming flower as a metaphor to growing up gracefully. Being in the moment and enjoying the situations without a troubled mindset would help you to grow up gracefully was the key concept explained by her.

The program concluded at 7pm with an interactive session of the participants with the resource person. The talk was truly a remarkable one and the thought of believing in tremendous energy and strength in ourselves and the need of self-introspection was imparted to the students for leading graceful life.



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Report on Webinar “Sexual Harassment, Awareness and Safeguards”

A webinar was conducted by the Internals Complaints Committee on “ Sexual Harassment, Awareness and Safeguards “ for girl students and female staff of SSET on January 25 th 2021, 2 PM to 3 PM .

SCMS
School of Engineering & Technology

WEBINAR ON
**SEXUAL HARASSMENT:
AWARENESS AND SAFEGUARDS**

JAN 25 | 2021
2PM TO 3PM

Google Meet

ORGANISED BY
**INTERNAL COMPLAINTS
COMMITTEE, SSET**

ADV. ASHA. P KURIAKOSE
ADVOCATE, HIGH COURT OF KERALA

Topic: Sexual Harassment, Awareness and Safeguards

Date: 25TH JANUARY , 2021

Time: 2.00 PM to 3: 00 PM

Resource person: Adv. Asha P. Kuriakose

Advocate

High Court of Kerala

We had as our resource person Adv.Asha P Kuriakose, a leading lawyer of Kerala High Court who has specialized in Civil, Constitutional and family law. She has argued many cases affecting the rights of women and children. The webinar was conducted on GMEET. Girl students and female staff of SSET registered for the event. A total of 88 participants took part in the event. Dr. Mini Tom welcomed the resource person. The intension of the talk was to



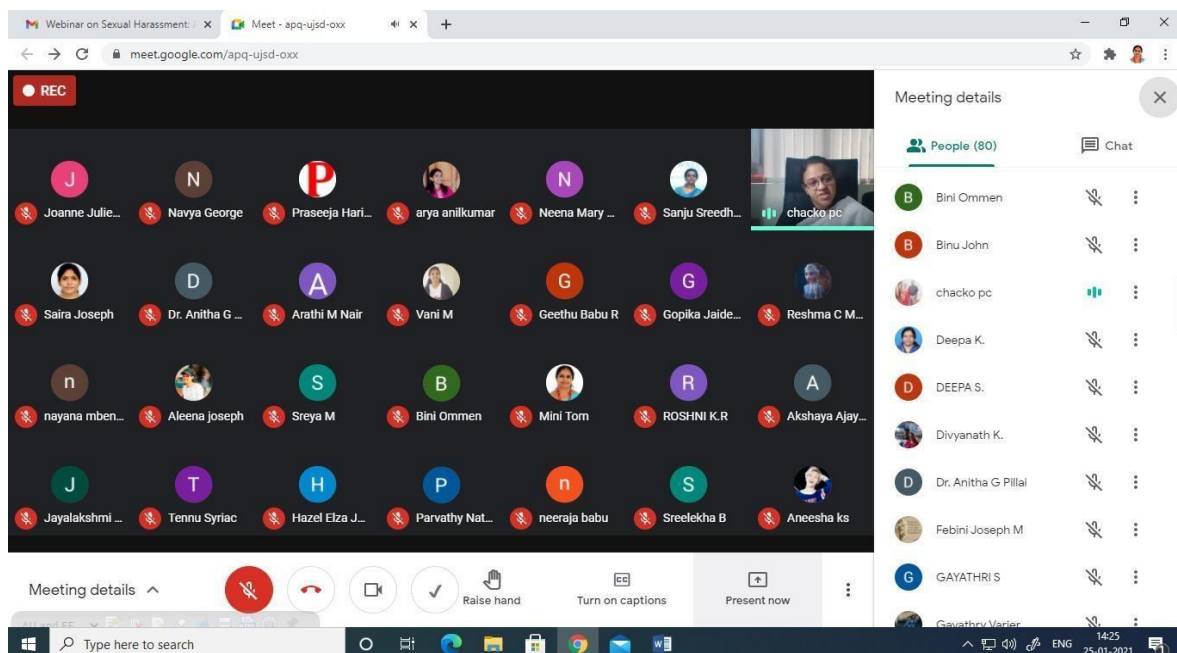
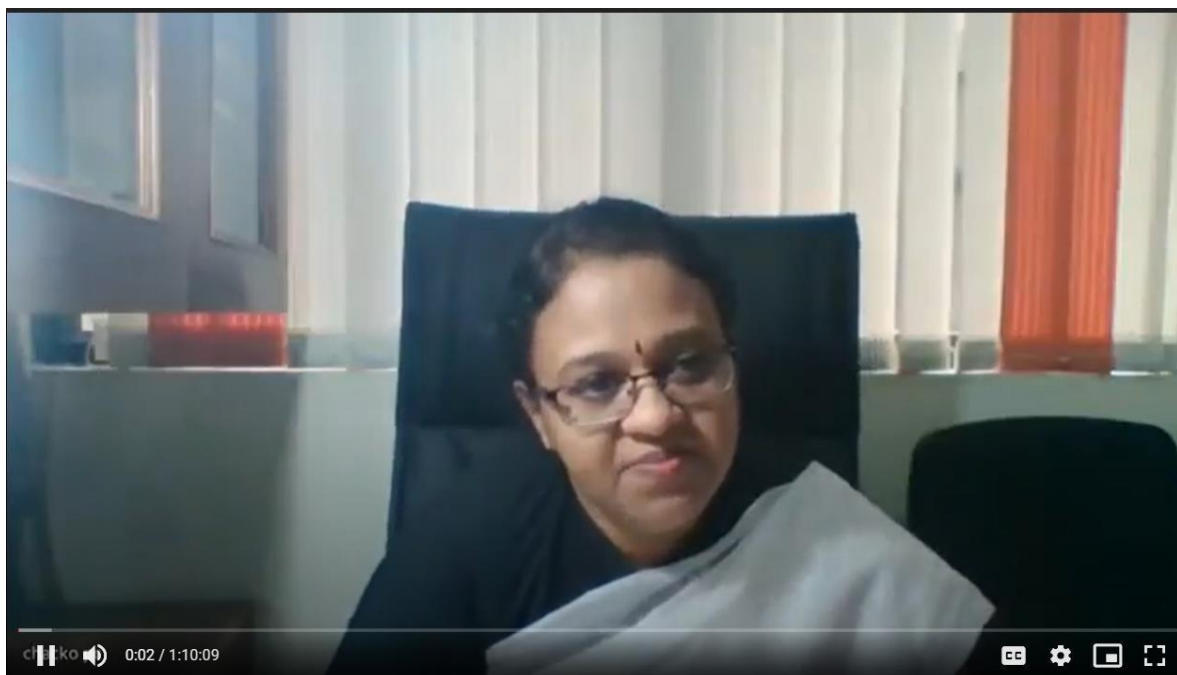
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empower the female fraternity to face the challenges of modern-days. The webinar started with the definition of sexual harassment. The resource person explained what all can be categorised as sexual harassment and explained the acts that defines that in detail. She spoke in general of the sexual harassments happening around us with reference to make current events. Next, she focussed on harassments that take place in work places, and how they can be handled. Finally, she discussed on harassments happening on the web, against women. What type of comments and pictures come under this category and what actions can be taken against this.

Finally, there was a question-and-answer session in which all participants were actively involved. They raised several doubts pertaining to our everyday life, to which the resource person answered enthusiastically. Mrs. Deepa.K proposed vote of thanks and the event concluded at 3 PM.





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Vidya Nagar, Palissery, Karukutty, Kerala-683576, Ph No: 0484 2882900

Organised by Women's Forum SSET

Women Empowerment

≡ International ≡



Dr. C Udayakala

Writer, Orator, HOD of Malayalam

Department, All Saints' College.

Syndicate member of

Sree Narayana Guru Open University

Date: 08th March, 2021

Time: 7:30 pm to 8:30 pm



Coordinator
Dr. Mini Tom.
9447710995



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SCMS School of Engineering and Technology Women's Forum of SSET

REPORT ON WEBINAR ON WOMEN EMPOWERMENT

Date: 08th March, 2021

The women's forum of SSET celebrated the World Women's Day by conducting a webinar on the topic 'Women Empowerment'. The online session was conducted on March 8th, 2021 at 7.30 pm through google meet and witnessed a participation of around 50 attendees, including girl students and lady faculty of the college. The program was hosted by Dr. Mini Tom, Professor, Department of Basic Science and Humanities, SSET. The programme was blessed with the presence of Dr. C. Udayakala as the resource person for the event. Dr. C. Udayakala is a writer and orator and currently works as the Head-of the Department (Malayalam) at All Saints' College, Trivandrum.

Dr. C. Udayakala began her talk by recalling the history behind women's day celebrations. In her perspective, the development of nation can be achieved truly with the empowerment of women. She said that the rules and schemes by the government alone cannot do good. Unless she realizes her potentiality, women cannot become empowered. She pointed out the potential of women and her capability to rise like a Phoenix bird in odd circumstances. She also cited examples from mythologies to depict that women are equally stronger as men and women could do wonders in all fields varying from science to politics. Women could excel in every sectors like men if she is properly nurtured. She quoted the examples of famous women icons around us who have set an example before us like Kalpana Chawla, Indira Gandhi, Malala Yousufzai. She urged the women to understand their self-worth. According to her, a self-sufficient and financially independent woman does not need to compromise her family life. The goal of women empowerment can be achieved truly with the support of family.

The program concluded at 8.30 pm with a vote of thanks delivered by Ms. Devi Sreenivas, Assistant Professor, Department of CE. The talk was truly an inspirational and motivational one and the thought of understanding our self-worthiness to lead a graceful life was inculcated in the mind of audience.



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SSET Women's Forum
presents Workshop on
**“Breast Cancer
Awareness”**



Dr. SUKESH NAIR

Consultant Medical Oncologist
St. Gregorios International Cancer Centre, Parumala

28 OCT
2021

07:00 PM IST

Join on Zoom 

Zoom link - <https://bit.ly/SSETworkshop>



SSET SCMS SCHOOL OF
ENGINEERING AND TECHNOLOGY

Campus: Vidya Nagar, Karukutty, Ernakulam – 683576 Kerala
Tel: 7034780074, 7034780073, +91 4842882900



SCMS School of Engineering and Technology Women's Forum of SSET

REPORT ON WORKSHOP ON BREAST CANCER AWARENESS

Date: 28th OCTOBER, 2021

The women's forum of SSET organized an online workshop on 'Breast Cancer Awareness' for the staff and students of SCMS group of



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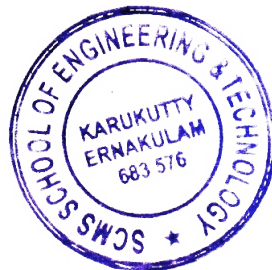
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institutions. The online session was conducted on October 28th, 2021 at 7.00 pm through Zoom and witnessed a participation of more than 80 attendees, including teaching and non-teaching staff and students of SCMS. The keynote speaker for the event was Dr. Sukesh Nair, Consultant Medical Oncologist at St. Gregorios International cancer Centre, Parumala. Mrs. Shobha Menon, a strong lady who defeated this deadly illness also addressed the gathering.

Ms. Vrinda V Gopal T, Assistant Professor, Department of ECE, welcomed the gathering. Dr. Sukesh Nair said that breast cancer is a life-threatening disease in females and the leading cause of mortality among women population. He said that if it is detected early, then there are better chances of recovery and the treatment will be less aggressive. He also added that the cancer develops to stage III or IV due to fear, ignorance and social disgrace among women. He talked about the signs and symptoms of breast cancer and also about the various screening methods used to detect it. He also talked about the healthy lifestyle that can be followed so as to reduce the risk of cancer development. The keynote talk was followed by an effective interactive session with the gathering. Mrs. Shobha Menon, shared her experiences on how she defeated this deadly illness.

The program concluded at 8.30 pm with a vote of thanks delivered by Ms. Sonal Ayyappan, Associate Professor, Department of CSE. The talk was highly informative and motivational.




PRINCIPAL
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